

## **Folkestone St. Mary's Church of England Primary Academy**

### **P.E. and Sports Plan 2021/22**

#### **This expands on and is linked to the objectives of the overall Academy Improvement Plan**

To enable us to achieve our vision of an academy in which all children achieve their full potential, we see participation in physical activity and sport as a very helpful tool to promote the health and wellbeing of our children. Moreover, the provision of high quality physical education can improve pupils' concentration and attitudes and helps develop the resilience and self-discipline that is essential for effective sustainable learning within all aspects of life.

Throughout the course of the year, we will aim to provide high quality PE lessons, along with the opportunity for pupils to engage in both competitive and non-competitive sporting activities, Covid-19 dependent. This will ensure a variety of pupils will be given the opportunity to experience competitive sport taught effectively and in a manner that is sensitive to individual need and emotional development. Pupils will be introduced to PE and sport from a non-competitive perspective, particularly in KS1 and these opportunities will be given equal importance as competitive sport. Pupils will be encouraged to recognise their own levels of performance and given support to set themselves achievable improvement targets. Children will have the opportunity to take part in competitive intra-school competitions at the end of a unit of work in order to allow them the opportunity to experience competitive sport during curriculum time, particularly in KS2.

Where a child demonstrates a particular talent or potential, we will strive to ensure that they have every opportunity to benefit from high level teaching and coaching in order to develop their skills and confidence. This will be developed with a network of local coaches and gateways to clubs and training facilities.

PE and Sport is linked to the development of personal, social and health education, as they are regarded as playing a key role in the overall wellbeing of our children and providing a sound basis for the development of self-esteem and wider learning skills. We are continuing to place an increased emphasis on encouraging healthy eating, which was introduced in the 2014/15 Academy Improvement plan.

We believe that our children's experience of and enjoyment of sport and physical exercise at primary school will positively affect their future lifestyle choices and lead to improved health and social relationships for the rest of their lives.

We will aim to continue to make use of our links with other schools and organisations to build links with local clubs and providers, to whom children and their families can be signposted or from whom we can commission direct support. We will continue to work closely with the Shepway Sports Trust this year, who will deliver a significant number of the activities and events. This part of the package will account for a large portion of the funding we receive. Dependent on the current Covid-19 restrictions, we hope this will also allow children to access competitive sport at differing levels, including county and regional levels. We will continue to receive support from specialist coaches to up-skill staff and support team teaching. This is planning for the long-term, leading to improved teaching and learning as a result of a long-term coaching project. With the funding in place indefinitely, the idea is to develop the teaching of staff at the school, rather than spend large chunks of this to bring in coaches to deliver lessons without teachers present or as PPA cover. Therefore, we are in a strong position to have skilled staff to deliver high quality PE sessions when the funding may no longer be in place.

As with all aspects of our work, the PE plan will be delivered in accordance with our safeguarding policy. This is particularly important as the PE and Sports plan involves wide levels of engagement with adults and organisations outside of the Academy.

We will encourage children to build on their links with local clubs and also trial new clubs in the Shepway area.

We will use assessment to help provide information regarding the fitness and skills children are demonstrating in specific year groups, enabling us to measure the impact of PE and sport, as well as show how the funding is moving fitness forward in school. The 'Run a Mile' challenge has had a positive impact with this, enabling distance covered in a certain timeframe to be tracked, evidencing progress with fitness. Therefore, we will continue with our Run a Mile challenges within school. Assessment within swimming will continue to be monitored, although due to Covid-19 restrictions, this will be in Term 2 to ensure pupils meet the NC targets by the time they leave primary school.

## PE and Sports Evaluation 2020/21

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"><li>• Children improving their fitness with the implementation of the 'Run a Mile' challenge across KS2.</li><li>• Opportunities for Year 6 children to try local water sports activities.</li><li>• Entering local sports competitions.</li><li>• Running clubs throughout Terms 5 and 6.</li><li>• Staff have discussed feeling more confident after CPD with our SST coach.</li><li>• More engagement with physical activities on the playground.</li><li>• Introduction of different activities outside, including table tennis and scooters.</li><li>• Exciting CPD and mindfulness assembly from a BMX champion.</li><li>• Whole school PE kits ordered.</li></ul>	<ul style="list-style-type: none"><li>• Provide CPD and support for new NQT staff to enable them to deliver the curriculum effectively.</li><li>• Run a Mile challenge to be established in KS1 more consistently.</li><li>• Tie in clubs with competitions to allow greater success in some events, running these at specific times of the year to link with competition calendar.</li><li>• Extend opportunities for KS1 children to attend events that are more competitive where possible.</li><li>• Swimming sessions for children in Year 6 who have not been able to meet the National Curriculum requirements for swimming due to Covid-19.</li><li>• CPD opportunities for as many staff as possible throughout the course of the year linked to skills audits.</li><li>• Complete Pupil voice and Staff questionnaire.</li><li>• Consider introducing different sports pupils are excited about.</li></ul>

Academic Year: 2021/22				Date Updated: 12.10.2021	
Key indicator	Intent	Implementation		Impact	
	<i>School focus with clarity on intended impact on pupils:</i>	<i>Actions to achieve:</i>	<i>Funding allocated:</i>	<i>Evidence:</i>	<i>Sustainability and suggested next steps:</i>
<b>Key indicator 1:</b> The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school	To improve participation and enjoyment of sports for all pupils, with a focus on those who are currently reluctant exercisers.	<ul style="list-style-type: none"> <li>• Improve fitness, confidence and self-esteem within all pupils.</li> <li>• Give children opportunities to engage with the 'Run a Mile' challenge.</li> <li>• Run a Mile to be confidently rolled out with KS1 to ensure that all pupils are developing their fitness levels to their full potential – monitor on tracker and support classes to improve their records weekly. Encourage an active break and lunchtime with Play Leaders and staff to engage with sports outside. Train play leaders to help pupils use the equipment correctly and develop their skills further, in turn supporting their understanding of PE skills further.</li> <li>• Purchase additional equipment for the playground to encourage pupils to be involved in physical activity – work with pupils from pupils' voice for suggestions.</li> </ul>	£1,500.00		
	To ensure all pupils achieve the NC requirements for swimming.	<ul style="list-style-type: none"> <li>• Provide swimming sessions for our Year 6 as they missed swimming lessons due to the Covid-19 outbreak.</li> </ul>	N/A	<ul style="list-style-type: none"> <li>• N/A</li> </ul>	

<p><b>Key indicator 2:</b> The profile of PESSPA being raised across the school as a tool for whole school improvement.</p>	<p>To embed physical activity within the curriculum.</p>	<ul style="list-style-type: none"> <li>• Run a mile to become embedded within KS1.</li> <li>• To encourage physical activity to be used in other lessons, e.g. hooks. AL to model examples to staff.</li> <li>• Encourage staff to run a club for PE/Sport.</li> <li>• Ask all staff to be involved with PE, including support staff. (Monitor Covid-19 guidelines to ensure social distancing and pupils not crossing bubbles).</li> <li>• Complete a pupil survey to understand what pupils would like to do within PE lessons.</li> <li>• Monitor PE kit standards to ensure pupils are excited to be involved in their learning.</li> <li>• Encourage more pupils to attend after school clubs associated with PE and Sport. After school club run by the SST coach.</li> <li>• Complete a pupil survey to understand what pupils would like to do within PE lessons.</li> </ul>	<p>£1,000.00 (New EYFS kit)</p> <p>£1,000.00 (After School Club)</p>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>
	<p>To encourage independence for Years 5 and 6 pupils to support transition into secondary.</p>	<ul style="list-style-type: none"> <li>• Encourage Years 5 and 6 pupils to become Play Leaders.</li> <li>• Train these pupils to engage in sports on the playground.</li> <li>• Enable more opportunities for in school sports competitions to be run by the pupils, which supports higher engagement and healthy competition among classes.</li> <li>• To investigate the 'Active Health' program with SST and send 15 x Y5/6 pupils to an active health conference.</li> </ul>	<p>£80.00 for 16 pupils</p>	<ul style="list-style-type: none"> <li>•</li> </ul>	<ul style="list-style-type: none"> <li>•</li> </ul>

<b>Key indicator 3:</b> Increased confidence, knowledge and skills of all staff in teaching PE and sport	To improve teaching of PE and sport within the school, allowing greater opportunities for children to develop their sporting talents.	<ul style="list-style-type: none"> <li>• Shepway Sports Trust Coach to work with teachers, developing observation and team teaching strategies to ensure staff are building confidence within a range of sports – ensure these are across the key stages. (A focus on gymnastics to support staff in this area).</li> <li>• Pupils to take part in competitions when they are running – SST coach to support in identifying those pupils who need additional support and those who are applying the skills to an above expected level.</li> <li>• Sports coordinator to observe and monitor sessions to ensure CPD is supporting staff and where we can improve these further.</li> </ul>	£8,000.00		
	To ensure staff are prepared and confident when teaching.	<ul style="list-style-type: none"> <li>• Provide support for planning and using a range of equipment.</li> <li>• Continued support with planning to ensure questioning and differentiation support all pupils, especially pupils with SEN and pupil premium.</li> <li>• Encourage new physical activities.</li> <li>• Arrange a CPD session with additional activities/hooks for staff to use.</li> <li>• Ensure staff have the opportunities to team teach with others.</li> </ul>			
<b>Key indicator 4:</b> Broader experience of a range of sports and activities offered to all pupils	To give opportunities for children to access a range of sports, both inside and outside the school setting.	<ul style="list-style-type: none"> <li>• Utilise opportunities from Shepway Sports Trust package that will provide children with a range of wider opportunities, e.g. Sailing taster sessions.</li> <li>• Invite a range of enthusiastic sports stars with activities to engage pupils in different activities, e.g. BMX, Parkor, Roller Skating.</li> <li>• Order new equipment to allow for opportunities to access a wider range of sports.</li> </ul>	£180.00 skateboarding per 2 hours session for 30 pupils  Gillingham Womens' Football coaching	<ul style="list-style-type: none"> <li>• 80, 360, 160, 200, 1100</li> </ul>	

			<p>£160.00 full day</p> <p>Canton Martial arts £100.00 x 60 pupils</p> <p>Paddle Boarding £110.00 per 6 pupils</p>		
	To ensure the Bikeability program is rolled out for Y6 in Term 1 and Y5 in Terms 5 & 6.	<ul style="list-style-type: none"> <li>Pupils to have the opportunity to complete Levels 1 and 2 of the Bikeability program to ensure confidence in riding a bike on the road.</li> </ul>			
	To develop Forest School Sessions to include physical activities.	<ul style="list-style-type: none"> <li>Encourage a range of activities within the Forest School, including Archery.</li> <li>Develop the area to include a range of outdoor educational and physical activities to promote wellbeing.</li> </ul>	£4,000.00		
<b>Key indicator 5:</b> Increased participation in competitive sport.	To increase the number of children having the opportunity to participate in competitive sport and activity.	<ul style="list-style-type: none"> <li>Children to have the opportunity to train/practice for a particular sport or event.</li> <li>Ask pupils what sports they will be interested in.</li> <li>Encourage staff members to do after-school sports clubs and link with the summer tournaments.</li> </ul>	Folkestone School games £750.00		

**Expenditure**

Area of expenditure	Planned expenditure	Actual expenditure (due to external factors)
Carry over from 2020/21 budget		
Shepway Sports Trust Package	£8,000.00	
Equipment	£3,500.00	
Cover for CPD/team teaching/running events/course fees	£2,750.00	
Additional coaching fees/external opportunities	£1,900.00	
Forest School Development	£4,000.00	
<b>TOTAL: £20,150.00</b>		

**Signed off by:**

Head Teacher:	Mr. T.M. North	Date:	
Subject Leader:	Mrs. A. Lucas	Date:	
Governor:		Date:	