

Folkestone St. Mary's Church of England Primary Academy

P E and Sports Report and Plan 2019/20

This expands on and is linked to the objectives of the overall Academy Improvement Plan

To enable us to achieve our vision of an academy in which all children achieve their full potential, we see participation in physical activity and sport as a very helpful tool to promote the health and wellbeing of our children. Moreover, the provision of high quality physical education can improve pupils' concentration and attitudes and helps develop the resilience and self-discipline that is essential for effective sustainable learning within all aspects of life.

To achieve the above we recognise that we must provide high quality PE lessons, along with the opportunity for all pupils to engage in both competitive and non-competitive sporting activities.

We will give all pupils the opportunity to experience competitive sport taught effectively and in a manner that is sensitive to individual need and emotional development. Competitive sports will improve communication skills and teamwork and develop pupils' determination and ambition.

Pupils will be introduced to PE and sport from a non-competitive perspective and this will be given equal status to competitive sport. Pupils will be encouraged to recognise their own levels of performance and set themselves achievable improvement targets.

Children will have the opportunity to take part in a competitive intra-school competition at the end of each unit of work in order to allow them the opportunity to experience competitive sport during curriculum time.

Where a child demonstrates a particular talent or potential we will ensure that they have every opportunity to benefit from high level teaching and coaching in order to develop their skills and confidence.

PE and Sport will be linked to the development of personal, social and health education as they are regarded as playing a key role in the overall well-being of our children and providing a sound basis for the development of self-esteem and wider learning skills. We are continuing to place an increased emphasis on encouraging healthy eating which was introduced in the 2014/15 Academy Improvement plan.

We believe that our children's experience of and enjoyment of sport and physical exercise at primary school will positively affect their future lifestyle choices and lead to improved health and social relationships for the rest of their lives.

Where possible we are using the temporary additional funding which we have received in previous years to develop sustainable teaching capacity for St Mary's. We will make full use of our links with other schools and organisations and will also build links with local clubs and providers to whom children and their families can be sign posted or from whom we can commission direct support. We will be working closely again this year with the Shepway Sports Trust who will be delivering a significant number of the activities and events which we have bought into.

As with all aspects of our work, this plan will be delivered in accordance with our safeguarding policy and this is particularly important as the PE and Sports plan involves wide levels of engagement with adults and organisations outside of the Academy.

We will encourage children to build on their links with local clubs and also trial new clubs in the Shepway area. Staff who come into the school and assist with delivering the curriculum and wider clubs will help to guide children to clubs outside of school time.

This year, we will be liaising with a number of local coaching specialists to assist with the delivery of the curriculum and providing CPD opportunities for staff delivering the curriculum.

We will continue to use assessment to help provide information regarding the fitness and skills children are demonstrating in specific year groups. Specific fitness testing will take place on a two-termly basis to enable overall fitness to be tracked across KS2 and beyond. This will aid the ability to measure impact and to show how the funding is moving fitness forward in school. Assessment within swimming will continue in a similar vein, with the focus on children meeting the NC requirements by the time they leave primary school. Data from the run a mile challenge will be monitored in KS2, with the challenge extending to KS1.

We will have a specialist teacher from Shepway Sports Trust as part of our package assisting with teaching and delivering CPD opportunities for staff working alongside them. They will be working at the school one day a week. Part of the package will also allow the school to have after-school clubs that link to timings on the competition calendar.

Area of focus	Actions	Time Line	Who is responsible	Cost implication	Expected outcome and time frame for expected outcome	Monitoring and Evaluation	Achievements to be assessed in order to inform plan for future year
1. To improve teaching of PE and sport within the school.	<p>Continue to buy into the Shepway Sports Trust package and CPD offer.</p> <p>To include this year:</p> <p>Support for NQT staff with curriculum delivery and opportunities for CPD</p> <p>Specialist coaches to deliver alongside PE specialist to raise standards/ act as CPD opportunities – this has been mapped out for the year. Specific staff targeted for support in areas where they may lack confidence. Support rotated on a termly basis (or suitable period of time to allow progress).</p> <p>Club opportunities to link with the competition schedule so children have the opportunity to prepare for a competition.</p> <p>Shepway Sports Trust schemes of work – assisting staff with planning units of work.</p> <p>Assessment tool provided to assist with monitoring children in the school.</p>	<p>From September 2019</p> <p>CPD (ongoing) Shepway Sports Trust Dates being released soon</p> <p>Relevant members of staff to be trained. This will rotate on a termly basis.</p> <p>Termly clubs (that link with competition schedule). Competitions running throughout the course of the year.</p> <p>Throughout the course of the year.</p> <p>End of each term.</p> <p>Run a mile challenge recordings to monitor fitness – each week after session.</p>	<p>Steve O'Brien/ Marie Hutchings in liaison with Shepway Sports Trust staff.</p> <p>Coaching specialists as part of package to deliver engaging units of works to allow CPD opportunities for PE specialist team.</p> <p>Steve O'Brien/ Marie Hutchings working with Shepway Sports Trust to generate these opportunities.</p> <p>Class teachers - to be monitored by Steve O'Brien and</p>	<p>£11,500 – for Shepway Sports Gold package (including weekly provision of specialist teacher).</p> <p>Part of package – some additional bolt-ons (hockey bolt-on already purchased).</p> <p>Part of package/ wider providers.</p> <p>Part of package.</p>	<p>Sustainable improvements in the delivery of PE and sports throughout the Academy.</p> <p>Staff delivering the curriculum to be more confident with the delivery of PE. This to have a positive impact on the quality of lessons throughout the school. Opportunities to be given for suitable member of staff (PE lead/ SLT) to observe following CPD opportunities to assess impact.</p> <p>Training provided regarding lesson structure and teaching of key skills for a particular area of the PE curriculum.</p> <p>Schemes of work provided to assist with planning and assessment, generating ideas for staff and increasing staff confidence.</p>	<p>Release time to be given to PE leader for observations of key teaching staff.</p> <p>This needs to be more frequent to give a clear picture of PE teaching across the school.</p> <p>Senior leadership to observe PE alongside PE leader or give feedback to PE leader to allow for continued improvements in delivery.</p> <p>Where possible, send appropriate staff to CPD that matches needs.</p> <p>Evaluate schemes of work to provide feedback for PE specialist team and Shepway Sports Trust in order to improve units of work provided.</p> <p>Where possible, send appropriate staff to</p>	<p>Relevant staff to have access to CPD/ working with specialist staff from SST.</p> <p>Improvement in the teaching of PE across the school.</p> <p>Are the specific sports/ areas of the curriculum being taught appropriate for the particular year group and allowing children to make the most progress?</p> <p>Assessment tools being used accurately and staff recording run a mile challenge data, which will help inform gifted children in particular areas.</p>

	Staff questionnaire to identify areas of the curriculum where staff lack subject knowledge or confidence.	Beginning of term 2 to allow for CPD opportunities to be finalised as required.	Marie Hutchings. Steve O'Brien	Potential cost of CPD requirements – £500	Areas of the curriculum that are more challenging for staff identified and CPD booked to build confidence/ skills.	CPD that matches needs. If unable to access these from SST, then opportunities to use staff meeting time for CPD.	More confident/ skilled staff to lead sessions for other staff.
2. Improve participation and enjoyment of sports for all pupils, with a focus on those who are currently reluctant exercisers.	<p>Continue to provide other clubs/ exercise opportunities after school.</p> <p>After school club provision from Shepway Sports Trust – linking in with competition calendar.</p> <p>Links with Dynamic Sports coaching company to provide after school clubs.</p> <p>Use Folkestone water sport opportunities – potential for pupil premium children</p> <p>Continue link with East Cliff sports area, tennis, golf, bowls etc.</p> <p>Top up in final term for year 6 swimmers who are unable to meet NC requirements (it is now an OFSTED requirement to publish swimming data at end of year).</p> <p>Increase in competition opportunities – these will link in with CPD and areas that specialist coaches will deliver/ club delivery.</p> <p>Run a mile challenge to become embedded for KS2 and introduced to KS1.</p>	<p>Ongoing</p> <p>Minimum of one club per term run by SST throughout the year.</p> <p>One club a term throughout the year.</p> <p>Water sport opportunities included in part of package and rolled over from last year.</p> <p>Term 6</p> <p>Term 6</p> <p>Ongoing</p> <p>KS2 weekly throughout the course of the year, looking to increase the frequency as year progresses.</p>	<p>Steve O'Brien, Marie Hutchings</p> <p>Steve O'Brien</p> <p>Steve O'Brien</p> <p>Steve O'Brien/ Colette Cotton</p> <p>Steve O'Brien/ Colette Cotton</p> <p>Steve O'Brien/ Marie Hutchings</p> <p>Marie Hutchings/ Steve O'Brien</p>	<p>Part of Shepway package.</p> <p>Part of package/ some external providers. (500 pounds)</p> <p>Raft building and beach sports day provided through package.</p> <p>Approx £1,000.</p> <p>Donation per session (transport TBC). Depending on numbers, may be possible to transport children with school staff).</p>	<p>Increased participation in competitive sport. Improved, fitness, confidence and self – esteem.</p> <p>Children to have opportunities to experience new sports/ activities they may not otherwise have opportunity to access.</p> <p>Opportunities for children to broaden their sporting experiences.</p>	<p>More young leaders for events/ lunchtimes around school.</p> <p>Use assessments to help target specific children who are not meeting NC requirements (Colette Cotton – assisted by swimming team).</p> <p>Monitor impact on self-esteem for class group.</p>	<p>Skills to improve throughout the year.</p> <p>Greater percentage of children achieving NC requirements when leaving year 6.</p> <p>Increased self-esteem and improved results in fitness</p>

	<p>School games kitemark.</p> <p>Engaging with our School Games Organiser. Engage more staff/ parents/ volunteers/ young leaders.</p> <p>Play leaders to be used to support games on the playground and at different events.</p> <p>New equipment requirements – footballs, athletics equipment, handball, cricket, basketball etc.</p> <p>Supply cover to allow staff to attend competitions, opportunities to observe lessons and to plan events.</p>	<p>KS1 to have opportunity to trial the run a mile challenge by end of term 2.</p> <p>End of the year.</p> <p>Ongoing</p> <p>Promote sport leadership throughout the school, giving children the experience of leading games and activities (sports days, intra-school events and inter-school events). By end of term 2.</p> <p>Ongoing as and when needs arise.</p> <p>Ongoing.</p>	<p>Steve O'Brien</p> <p>Marie Hutchings/ Steve O'Brien</p>	<p>2,000 pounds</p> <p>500 pounds.</p>	<p>Liaise to provide improved opportunities for staff and children (CPD and competitions).</p> <p>Children have the opportunity to lead games/ activities on the playground, building their confidence and engaging children to be active.</p> <p>Well stocked equipment which caters for the curriculum.</p>	<p>Observe impact of child-led activities on the playground.</p> <p>Questionnaire from a portion of children.</p>	<p>assessments/ run a mile data.</p> <p>Children supporting different activities on the playground, building collaboration.</p>
<p>3. Continue improvement of pupil skills in competitive sports</p>	<p>Continued improved performance in calendar events/ competitions.</p> <p>Additional opportunities provided to stretch talented pupils – club links utilised to assist this.</p> <p>Coaching blocks provided/ targeted for different year groups.</p> <p>Paying staff or external sports coaches to run competitions, or to increase pupils' participation in national school games competitions.</p> <p>Additional clubs on offer for children to improve skills and</p>	<p>Throughout.</p> <p>Ongoing – links generated through SST links.</p> <p>Ongoing – established by end of T1.</p> <p>Ongoing</p> <p>Ongoing – with assistance with SST.</p>	<p>Steve O'Brien, Marie Hutchings</p>	<p>£400</p>	<p>Improved skills, self-esteem, confidence. and sense of achievement, increased ambition and determination to succeed.</p> <p>Tactical development, focussing upon this building to competition.</p>	<p>Teacher assessment and assessment to indicate progress/ skills covered.</p> <p>Improvement in performance/ results in competitions.</p> <p>Skills to be assessed in a focused and manageable manner by teaching staff.</p>	<p>Strong performances in key competitions, with talented children identified and given the opportunity to represent the school.</p>

	<p>overall achievement in competitive sport.</p> <p>Engage with School Games organiser.</p> <p>Additional hockey coaching slot to be purchased – term 2, 3 or 4.</p> <p>Greater depth of after school clubs, utilising staff with their areas of strength.</p>	<p>Term 2, 3 or 4.</p> <p>Ongoing</p>	<p>Steve O'Brien/ Marie Hutchings/ SST.</p> <p>Steve O'Brien/ SST/ Folkestone Optimists.</p> <p>Whole staff team</p>	<p>400 pounds</p> <p>250 pounds</p>	<p>CPD opportunities for staff to improve confidence with delivery of hockey.</p> <p>As many staff as possible to lead a club to enable a wider range of club opportunities throughout the course of the year.</p>		
<p>4. Increase involvement in competitive sports both intra and inter school</p>	<p>Continue to ensure that children across the school participate in a wide of range of intra and inter school sports events.</p> <p>At end of every PE unit – children to have an intra-school event within year group to enable the ability to have competitive opportunities within a range of sports (when applicable to unit of work).</p> <p>A broader spectrum of events for KS1 and KS2</p> <p>Herald Cup entry.</p> <p>District Sports entry.</p> <p>Handball, hockey, netball, tag rugby, swim galas, water polo cross country opportunities etc.</p> <p>Opportunities to enter additional competitions – basketball, gymnastics etc.</p>	<p>Competitive events organised throughout the year (ongoing).</p> <p>End of each term.</p> <p>Throughout course of year.</p>	<p>Steve O'Brien, Marie Hutchings</p> <p>All teaching staff.</p> <p>Steve O'Brien</p>	<p>£400 transport to events and competitions</p> <p>50 pounds</p> <p>50 pounds</p>	<p>Increased participation in competitive sports of all kinds. Children develop lifelong enthusiasm for sport, develop team ethos, and improved communication and relationships.</p>	<p>Pupil questionnaire regarding sports they would like to take part in.</p> <p>Identify percentage of children attending clubs and also having the opportunity to participate in events.</p>	<p>Higher percentages of children attending clubs in KS1 and KS2.</p> <p>Track number/percentage of children attending events.</p>

	<p>Create better links with local sport groups.</p> <p>Termly challenges – intra school. Competitions for school to take part in.</p>				Using volunteers from sports clubs/ groups. Shepway Sports Trust links.		
5. Review/ assess how inclusive the curriculum is.	<p>Review the quality of curriculum including:</p> <ul style="list-style-type: none"> • Breadth and balance • Accessibility to activities • Use of TA support • Quality of TA support • Access to facilities/ resources. <p>Evaluate the termly overarching questions for KS2 children being taught by PE specialist team.</p>	<p>Ongoing</p> <p>Ongoing but end of term 2, end of term 4 and end of school year.</p>	<p>Steve O'Brien, Marie Hutchings</p> <p>Steve O'Brien, Marie Hutchings.</p>	<p>Time – potential supply/ cover.</p>	<p>Enhanced curriculum and quality of support available from TA's.</p> <p>Children have a deeper knowledge of how sport can assist them in wider life and build teamwork and leadership skills.</p>	<p>Questionnaire/ pupil voice.</p> <p>Potential topic which can be discussed at school council.</p> <p>Monitor questions and the value they have added to the curriculum.</p>	<p>Is the curriculum inclusive and balanced?</p> <p>Has the curriculum moved forwards in terms of coverage and questions stimulating the children?</p>
6. Assessment of children's progress.	<p>Utilise external sources to follow assessment plan and ensure that clear, manageable data is provided to assess children's progress throughout the course of the school year.</p> <p>Swimming – informative assessment at end of year 4 and year 5 to identify percentage of children meeting NC requirements.</p> <p>Floor books to be updated in order to evidence some of the skills being covered across KS2.</p>		<p>Steve O'Brien, Marie Hutchings</p> <p>Colette Cotton, Tonya Boushall</p> <p>Steve O'Brien,</p>	<p>Majority can now be completed by specialist team during curriculum time. Time – potential supply requirement.</p>	<p>A clear picture of the progress that children are making in PE and overall fitness. Will help identify G+T children and will therefore inform selection for events.</p>	<p>Baseline fitness test term 1</p> <p>Fitness test term 4</p> <p>Fitness test term 6</p> <p>Teacher assessments at the end of each term.</p>	<p>How clear a picture does this give of progress? Is it a useful tool for monitoring the improvement of children's fitness?</p>

			Marie Hutchins	150 pounds for floor books throughout course of year.			
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