

Folkestone St. Mary's Church of England Primary Academy

P E and Sports Evaluation 2019/20

This expands on and is linked to the objectives of the overall Academy Improvement Plan

To enable us to achieve our vision of an academy in which all children achieve their full potential, we see participation in physical activity and sport as a very helpful tool to promote the health and wellbeing of our children. Moreover, the provision of high quality physical education can improve pupils' concentration and attitudes and helps develop the resilience and self-discipline that is essential for effective sustainable learning within all aspects of life.

Throughout the course of the year, we have been aiming to provide high quality PE lessons, along with the opportunity for pupils to engage in both competitive and non-competitive sporting activities. The competition side of our plans have been severely affected by the COVID outbreak, dramatically diminishing the opportunities for competition entries.

Prior to the COVID outbreak, a variety of pupils had been given the opportunity to experience competitive sport taught effectively and in a manner that is sensitive to individual need and emotional development.

Pupils have been introduced to PE and sport from a non-competitive perspective, particularly in KS1, and these opportunities are given equal importance as competitive sport. Pupils have been encouraged to recognise their own levels of performance and set themselves achievable improvement targets.

Children have had opportunities to take part in competitive intra-school competitions at the end of a unit of work in order to allow them the opportunity to experience competitive sport during curriculum time, particularly in KS2.

Where a child demonstrates a particular talent or potential, we strive to ensure that they have every opportunity to benefit from high level teaching and coaching in order to develop their skills and confidence. This is being developed with a network of local coaches and gateways to clubs and training facilities.

PE and Sport is linked to the development of personal, social and health education, as they are regarded as playing a key role in the overall well-being of our children and providing a sound basis for the development of self-esteem and wider learning skills. We are continuing to place an increased emphasis on encouraging healthy eating, which was introduced in the 2014/15 Academy Improvement plan.

We believe that our children's experience of and enjoyment of sport and physical exercise at primary school will positively affect their future lifestyle choices and lead to improved health and social relationships for the rest of their lives.

We have made use of our links with other schools and organisations and have also built links with local clubs and providers, to whom children and their families can be sign posted or from whom we can commission direct support. We have worked closely again this year with the Shepway Sports Trust, who have delivered a significant number of the activities and events. This part of the package accounts for a large portion of the funding we receive. This has allowed children to access competitive sport at differing levels, including county and regional levels. We have been fortunate enough to receive support from specialist coaches to up-skill staff and support team teaching. This is planning for the long-term, leading to improved teaching and learning as a result of a long-term coaching project. With the funding in place indefinitely, the idea is to develop the teaching of staff at the school, rather than spend large chunks of this to bring in coaches to deliver lessons without teachers present or as PPA cover. Therefore, we are in a strong position to have skilled staff to deliver high quality PE sessions when the funding may no longer be in place. We have even received a sustained block of coaching in term six, giving a range of sporting opportunities to those children in school, whilst a global pandemic still raises concerns. This has taken careful and considered risk assessment but after overcoming these obstacles, is allowing for children to access much-needed physical and mental release.

As with all aspects of our work, the PE plan has been delivered in accordance with our safeguarding policy. This is particularly important as the PE and Sports plan involves wide levels of engagement with adults and organisations outside of the Academy.

We have encouraged children to build on their links with local clubs and also trial new clubs in the Shepway area, with a range of children participating in new sports outside of school time.

We have continued to use assessment to help provide information regarding the fitness and skills children are demonstrating in specific year groups. This has enabled us to measure impact and to show how the funding is moving fitness forward in school. The 'Run a Mile' challenge has had a positive impact with this, enabling distance covered in a certain timeframe to be tracked, evidencing progress with fitness. Assessment within swimming has continued in a similar vein, with the focus on children meeting the NC requirements by the time they leave primary school.

PE and Sports Evaluation 2019/20

Key achievements to date:	Areas for further improvement and baseline evidence of need:
<ul style="list-style-type: none"> • Children improving their fitness with the implementation of the 'Run a Mile' challenge. • Fitness assessments showing an average increase in fitness of 34% in testing across the course of the year. • Opportunities for year 6 children to receive a boxing qualification. • Entering more Level 2 competitions and above than ever before. • Entering our first gymnastic competition as a school. • Winning a regional football event and qualifying for a level 3 event as a result of this in London. • More children having the opportunity to attend clubs and competitions than previous years. 	<ul style="list-style-type: none"> • Provide CPD and support for new NQT staff to enable them to deliver the curriculum effectively. • Run a Mile challenge to be established in KS1 more consistently. • Tie in clubs with competitions to allow greater success in some events, running these at specific times of the year to link with competition calendar. • Extend opportunities for KS1 children to attend more competitive events where possible. • Swimming top up sessions for children in year 6 who have yet to meet the National Curriculum requirements for swimming. • CPD opportunities for as many staff as possible throughout the course of year, linked to skills audits.

Meeting national curriculum requirements for swimming and water safety	Please complete all of the below:
<p>What percentage of your current Year 5 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?</p> <p>N.B. Even though your children may swim in another year please report on their attainment on leaving primary school.</p> <p>The data for the current cohort has been severely affected by wider events, which has had a negative impact on the data. In recent years, rapid progress takes place in the final terms, with NC testing taking place in term six.</p>	58 %
<p>What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?</p>	58 % front crawl and backstroke and 25% at least three different strokes.
<p>What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?</p>	58 %

Schools can choose to use the Primary PE and Sport Premium to provide additional provision for swimming but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes/No – to run and organise swim gala opportunities for St. Mary’s and schools in the Shepway area.
---	--

Academic Year: 2019/20	Total fund allocated: £	Date Updated:		
Key indicator 1: The engagement of <u>all</u> pupils in regular physical activity – Chief Medical Officer guidelines recommend that primary school children undertake at least 30 minutes of physical activity a day in school				Percentage of total allocation: %
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To improve participation and enjoyment of sports for all pupils, with a focus on those who are currently reluctant exercisers.	<p>To increase participation and enjoyment of healthy exercise by children who do not willingly take part in competitive sport.</p> <p>To improve, fitness, confidence and self –esteem.</p> <p>Give children opportunities to engage with the ‘Run a Mile’ challenge.</p>	£11,500 to buy into Shepway Sports trust package which provides a range of opportunities.	<p>The ‘Run a Mile’ challenge has shown an average of a 18% increase in distance covered in the allocated time during terms 1-3.</p> <p>86% of children in KS2 have increased the initial amount of laps completed from term one to term three.</p>	<p>Further increase opportunities for KS1 children to attend level 1 events and above. There were a number of opportunities planned for KS1 that were cancelled due to COVID.</p> <p>Liaise with Shepway Sports Trust to ensure that coaching/teaching in school links with the competition calendar, to allow for increased opportunities to enter competitions.</p> <p>Continue to encourage an active break and lunchtime.</p> <p>Opportunities for Sports Leaders to take responsibility for games and zones to allow all children to exercise regularly.</p> <p>Extend run a mile challenge to youngest children, focusing on enjoyment.</p>

<p>Key indicator 2: The profile of PESSPA being raised across the school as a tool for whole school improvement</p>				
<p>School focus with clarity on intended impact on pupils:</p>	<p>Actions to achieve:</p>	<p>Funding allocated:</p>	<p>Evidence and impact:</p>	<p>Sustainability and suggested next steps:</p>
<p>To embed physical activity within the curriculum to enable children to become more physically active.</p>	<p>Opportunities for staff to have CPD opportunities/ team teach with specialist coaches.</p>	<p>1,000 Part of SST package allows for curriculum support.</p> <p>Some clubs are part of the Shepway Sports Trust package</p>	<p>Terms 1 and 2 helped develop confidence for NQT staff through observation, which was then followed by team teaching. 65% of teaching staff had the opportunity to work with specialist coaches in the opening three and a bit terms. These were specific units of work which staff felt least confident with. In feedback given, after support had been given, all staff who received CPD said they would be confident to deliver these units of work as a result of this. The other 35% of teaching staff would have had the opportunity for this support in the final terms if they had not been interrupted.</p>	<p>Increased opportunities to observe PE in both key stages to continue to monitor progress.</p> <p>Opportunities for less confident staff to have greater support with planning and teaching.</p> <p>Run a mile to become embedded in KS1. It is now embedded in KS2, although will need to be kept high profile by new staff taking over responsibility for PE.</p> <p>At least one club over the course of the year to be run by each member of teaching staff. Similar staff tend to run the same clubs year after year, often more</p>

	<p>Ensure children have the opportunity to take part in PE sessions that allow for progress and enjoyment.</p> <p>Run a mile assessments to be carried out in KS2, extending to KS1.</p> <p>Opportunities for children to access a range of clubs (which included CPD for staff liaising with this club).</p>		<p>Lessons across the school consistently good, allowing for children to have high quality lessons.</p> <p>86% of children increasing their laps completed during terms 1-3.</p> <p>18% average increase in individual distance covered from term 1-start of term 4.</p> <p>Shepway Sports Trust provided an after school club each term. This became more sustainable for long-term club impacts because a member of staff was assigned to support each club run by SST and therefore gain expertise for running these in the future.</p> <p>New clubs for this year proved a success, such as boxing and parent/ child fitness boot camps.</p>	<p>than one and this needs to be shared more across the staff team to provide more sustainable club opportunities.</p> <p>Further engagement for parent/ children sessions where possible.</p>
<p>Key indicator 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport</p>				

	range of sports.	2,000	tatty or broken equipment, provide relevant equipment to deliver the curriculum and prepare for specific clubs.	make links that will improve opportunities further. Ensure equipment is replenished available to enable the whole curriculum to be delivered effectively.
Key indicator 5: Increased participation in competitive sport				
School focus with clarity on intended impact on pupils:	Actions to achieve:	Funding allocated:	Evidence and impact:	Sustainability and suggested next steps:
To increase the number of children having the opportunity to participate in competitive sport and activity, improving fitness and resilience.	A greater number of children to have the opportunity to compete in a range of competitions. Children to have the opportunity to train/ practice for a particular sport or event.	Part of the 11,500 paid into the Shepway Sports Trust partnership allows for competition and access to a range of events.	All children had the opportunity to experience specialist coaching/ curriculum support, whether this was a block of coaching or specific provision of events. Event attendance has been severely affected by current conditions, however we did take part in cross country, hockey, netball and football competitions. We were ready to participate in a range of other competitions throughout terms 4-6, which have all sadly been postponed. The specialist coaching provision allowed for children to receive coaching for a specific sport before attending an event for this sport, which helped to improve skills and confidence.	All being well, next year, coaches from Shepway Sports Trust will continue to deliver sessions that will link to the competition calendar, allowing for children to access coaching to improve their skills, leading to opportunities for them to showcase these skills when competing. Ensuring that children continue to have the opportunity to experience intra-school competitions at the end of term.

	Ensure there are opportunities for children to have intra-school competitions termly.		Coaches working with staff have demonstrated how to build up to an intra-school competition at the end of term. This gives an opportunity to showcase their skill development and experience a competition at the end of a unit of work.	
--	---	--	--	--

Expenditure

Area of expenditure	Planned expenditure	Actual expenditure (due to external factors)
Shepway Sports Trust Package	£11,500	£11,500
Equipment	£2,000	£673
Cover for CPD/ team teaching/ running events/ course fees	£3,075	£4,950
Additional coaching fees/ external opportunities	£1,850	£192

Balance remaining stands at £2,205. This is due to the pandemic and planned facilities/ activities being closed or cancelled. The remaining budget will be used to replenish equipment for the new academic year, matching the curriculum map and planned clubs.

See appendix 1 on the following pages, which contains the more in-depth swimming reported data figures. Again, these have been significantly affected by recent events and closures of pools.

Report on Swimming for academic year September 2019 to February 2020

Updated 24.06.20

This year due to restrictions of school budget only year 5 have been swimming, building on their swimming from year 4.

Attendance by the year groups has not been as regular as previous years (mainly those in the lower groups) We've recorded these absences and it would seem that due to parents now paying online by PayPal to school, rather than cash as previously there is no one chasing up the pupils in class. A weekly chart has now been established for classes to keep a record of those not attending.

Swimming Galas

In Term 2, Folkestone Sports Centre organized a mini water polo tournament for all the primary schools, which was very exciting. We took a team from Y5 and one from Y6, each school played 4 matches and we won a couple of matches with everyone thoroughly enjoying the experience.

The FESI Gala planned for Term 4 was cancelled due to the Coronavirus outbreak, with all schools and pools being closed.

Water Safety

The RNLI were unable to send in a 'speaker' this year and this work has been done on poolside with Y5.

Teaching

Tonya B and Darren W both make significant impact on the groups they teach & are very motivated to succeed, with great results. The support staff at the pool also follow the set plans and do a brilliant job.

Marie Hutchings & Georgina Tingley, who achieved ASA Level 1 Teacher's last year, have been putting their learning into practice all year at the pool.

Year 5

Teaching Staff for this year group ...Darren W, Tonya B, Colette C, Georgina T, Marie Hutchings + 3 staff from the Sports Centre

Small Pool

In September we started with **(17/58)** of children in the Learning Pool, unable to swim, including some new pupils. This is better than the previous year of non-swimmers.

In February's final swim, due to CV-19 **(9/58)** were still in the Learning Pool

All 100% were able to swim 5 metres back & front with aids...

8 ((90%)were able to swim 5 metres back and front without aids. ..

Unfortunately some of the pupils hadn't attended all of the sessions.

Distances for all of Year 5 in both Small & Main pool as at February 2020

100% have achieved 5 metres back & front with buoyancy aids

90% have achieved 5 metres back and front

39% have achieved 10 metres back and front

23% 25 metres front & back

25% 50+ metres back and front

ASA Levels

100% have achieved ASA Level 1

39 % have achieved ASA Level 2

23 % have achieved ASA Level 3

25 % have achieved ASA Level 4

58 % have achieved the required distance swim for the end of KS2, which is 25M back & 25m front + Treading water & Safety Rules

25 % can swim at least 3 different strokes as defined by ASA

Next Year 2020-2021

We await information as to when we can resume swimming.